



RECREATION THERAPY GERONTOLOGY Diploma Program Distance Education

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Program Length: 70 Weeks 1450 hours
Course type: Diploma
Mode of Learning: Online
Students: Domestic and International
NOC 3144: Median Start Income \$50,000



RECREATION THERAPY GERONTOLOGY (DISTANT EDUCATION) DIPLOMA PROGRAM

Program Overview

Recreation Therapy Gerontology is a health care profession that utilizes a therapeutic process, involving leisure, recreation and play as a primary tool for everyone to achieve their highest level of independence and quality of life. Graduates of the Recreation Therapy with a specialization in Gerontology work in a variety of health care settings. Developed using the standards within the Essential Competency Framework for Therapeutic Recreation the curriculum articulates the competencies necessary to practice as a Therapeutic Recreation Professional in Ontario.

Graduates are prepared to start careers working with seniors in the growing field of gerontology, as well as with clients of all ages and abilities in long-term care homes, health care facilities, mental health and addiction settings, adapted sport organizations, rehabilitation centers, correctional facilities, social service settings, community-based agencies and more.

The Recreation Therapy Gerontology Diploma will prepare you to assess, plan, implement and evaluate a wide range of leisure services for people with barriers to participating in leisure activities. Such services might include arts and crafts, dance, music, sports, games, aquatics and group outings. Recreational therapy is used in the fields of gerontology, pedagogy (the method and practice of teaching, especially as an academic subject or theoretical concept), psychology, rehabilitation and more.

Graduates may find employment in a variety of care settings including:

- Recreation Assistant
- Program Planner
- Recreation Leader
- Activity Worker in a variety of settings, including:
 - *hospitals*
 - *mental-health centres*
 - *long-term care homes*
 - *rehabilitation centres*
 - *correctional facilities*
 - *youth assessment centres*
 - *group homes.*

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Job Responsibilities

- Assess patients' needs using observation, medical records, tests, and discussions with other healthcare professionals, patients' families, and patients
- Develop treatment plans and programs that meet patients' needs and interests
- Plan and implement interventions to support the client in meeting his or her goals
- Engage patients in therapeutic activities, such as exercise, games, and community outings
- Help patients learn social skills needed to become or remain independent
- Teach patients about ways to cope with stress, anxiety, or depression
- Document and analyze a patient's progress
- Evaluate interventions for effectiveness

Admission Requirements

- **18 years of age or older.**
- **Secondary school diploma or equivalent.**
- **Live online or In-person interview.**
- **IELTS of 6 or PTE or TOEFL result to prove English proficiency**
- **Post Secondary diploma, degree with a minimum GPA of 60% (if applicable)**
- **All certificates or degrees earned from another country must be assessed by any of the following institutions to determine Canadian equivalency:**
- **World Education Services (www.wes.org/ca)**
- **International Credential Assessment Service (www.icascanada.ca)**



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Futures Canadian College of Business, Health, and Technology formerly Futures Academy of Health was founded in 2009 in Toronto, Ontario. Approved and accepted in November 2018 by the International Student Program, Futures Canadian College is now a Designated Learning Institute.

At FCC, we strive to provide the world-class education every student deserves. With well-crafted lesson plans, that are both informative and practical, we ensure that you learn all you need to know to jumpstart your career. Our co-op programs are relevant and supportive of your desire to land that dream job! We are committed to providing you with a learning environment that is well-equipped to motivate you to pursue your studies and ultimately, achieve your long-term goals.