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www.futurescollege.ca

MENTAL HEALTH AND ADDICTIONS

Diploma Program

Distance Education



Program Length: 52 Weeks 1150 hours

Course Type: Diploma

Mode of Learning: Online

Students: Domestic, International

NOC 4212: Median Wage 24\$/hr



MENTAL HEALTH AND ADDICTIONS

DIPLOMA PROGRAM

Program Overview

Mental health and addictions workers help clients with the activities of daily living within various settings to encourage full independence.

The main duties of a of a mental health worker are to:

- create a safe and welcoming environment for people to live
- provide brief counselling to individuals and families about mental health and mental health issues
- make home visits as needed
- make referrals for services required by the clients
- provide community education
- collaborate with community agencies.

This program will help you to develop the knowledge and skills required to effectively address two of Canada's leading health care issues – mental health and addictive behaviours. You will gain both a theoretical understanding and the clinical skills required to help your clients successfully navigate their challenges with mental health and/or addictive behaviours as they begin their journey to wellness.

Graduates may find employment in a variety of different job titles including:

- Addictions crisis worker
- Addictions counsellor
- Addictions and mental health rehab support worker
- Case manager
- Community support worker
- Counsellor/group facilitator
- Crisis outreach/intervention worker
- Harm reduction worker
- Housing stability counsellor
- Mental health/wellness counsellor
- Mental health support worker
- Outreach services advisor
- Psycho-educator
- Withdrawal management counsellor

MENTAL HEALTH AND ADDICTIONS DIPLOMA PROGRAM



Job Responsibilities

- Review client background information, interview clients to obtain case history and prepare intake reports
- Assess clients' relevant skill strengths and needs
- Assist clients to sort out options and develop plans of action while providing necessary support and assistance
- Assess and investigate eligibility for social benefits
- Refer clients to other social services or assist clients in locating and utilizing community resources including legal, medical and financial assistance, housing, employment, transportation, day care and other services
- Counsel clients living in group homes and halfway houses, supervise their activities and assist in pre-release and release planning
- Participate in the selection and admission of clients to appropriate programs
- Implement life skills workshops, substance abuse treatment programs, behaviour management programs, youth services programs and other community and social service programs under the supervision of social services or health care professionals
- Meet with clients to assess their progress, give support and discuss any difficulties or problems
- Assist in evaluating the effectiveness of treatment programs by tracking clients' behavioural changes and responses to interventions
- Advise and aid recipients of social assistance and pensions
- Provide crisis intervention and emergency shelter services
- Implement and organize the delivery of specific services within the community
- Maintain contact with other social service agencies and health care providers involved with clients to provide information and obtain feedback on clients' overall progress
- Co-ordinate the volunteer activities of human service agencies, health care facilities and arts and sports organizations
- May maintain program statistics for purposes of evaluation and research
- May supervise social service support workers and volunteers.

Admission Requirements

- **18 years of age or older.**
- **Secondary school diploma or equivalent.**
- **Live online or In-person interview.**
- **IELTS of 6 or PTE or TOEFL result to prove English proficiency**
- **Post Secondary diploma, degree with a minimum GPA of 60% (if applicable)**
- **All certificates or degrees earned from another country must be assessed by any of the following institutions to determine Canadian equivalency:**
- **World Education Services (www.wes.org/ca)**
- **International Credential Assessment Service (www.icascanada.ca)**



3465 Semenyk Ct. Mississauga, ON L5C 4P9
(905)-412-3007 | www.futurescollege.ca

Futures Canadian College of Business, Health, and Technology formerly Futures Academy of Health was founded in 2009 in Toronto, Ontario. Approved and accepted in November 2018 by the International Student Program, Futures Canadian College is now a Designated Learning Institute.

At FCC, we strive to provide the world-class education every student deserves. With well-crafted lesson plans, that are both informative and practical, we ensure that you learn all you need to know to jumpstart your career. Our co-op programs are relevant and supportive of your desire to land that dream job! We are committed to providing you with a learning environment that is well-equipped to motivate you to pursue your studies and ultimately, achieve your long-term goals.